

ジモタツTOP > 月間スペシャル

スポット なかのひと ジモトの達人 食・グルメ ベトナム

News from An-san in Vietnam

One day in the life of an AI trainer

A close look at someone named Trang-san with a cutting edge job, an AI trainer, in Vietnam.



Vietnam Guide Update: Nov.21, 2017



Hello guys! I am Ngoc An from Communication team of Bellsystem24-HoaSao based in Hanoi.

Today, I would like to introduce to all of you about one typical day of someone with a cutting edge job, an AI trainer, in Vietnam including the way they work, the way they eat and the way they entertain. Now, let's start!

あわせて読みたい

なかのひと 全国



なかのひとからご挨拶

編集員・ポロシャツがオススメする都内近郊の絶景ツーリングスポット

なかのひと 全国



なかのひとからご挨拶 ～Moto's キッチン～

鍋とフライパンさえあれば、まな板いらずでパパでも作れる簡単時短料理をご紹介します！子どもの日にもぜひ。

イベント 豊崎



土日祝日含め夜20時まで預かれる企業内保育所は、沖縄県内で初！

保育料が約1/3！？企業内保育園「ベルキッズとよさき保育園」に行ってきました。



Profile of the AI Trainer covered here

Name	Nguyen Thi Thu Trang
Age	28
Job	AI trainer (Tunes the AI used in operations to prevent errors, training the AI for a ccurate operation)
Favorite Japanese celebrity	Koguri Shun
Favorite Manga	Konan
Dream	Open up a store/restaurant
Reason for working at BS24-HSG:	Wanted to work at a company related to Japan

📍 7:30 AM Going to work in my favorite motorcycle.



Going to work: on a motorcycle

Today is another cool and sunny day in Hanoi. We are enjoying the most wonderful weather of the year – the autumn. Although the traffic is heavy as normal in every morning, I am used to it and am happy because the weather is nice and I am going to meet my beloved colleagues.

📍 7:50 AM Arriving at the office and greeting colleagues

After parking my motorbike in the basement, I take the stairs to keep fit and attractive, heading toward the office.



I take the stairs every day to stay fit and attractive



Entering the office with a swipe of a card

My new day always begins with a smile with my dear colleagues. Sometimes, I get some documents at the receptionist before starting work.



Saying hello to security



Getting some documents from the reception lady

📍 8:00 AM **Work starts**



Photo of a meeting with the team

My work is related to many different tasks, but my favorite work is teamwork with my colleagues because they are energetic and have brand-new ideas, which refreshes and inspires me to work in new ways and engage with the job at hand.

📍 11:00 PM **The lunch break I waited so much for**



This is Trang-san's lunch box! It looks so good

It is the time that I love the most in my working day because I can enjoy Tam rice with cutlet porks, which is a popular local dish and easy to prepare. To change the working atmosphere, my colleagues and I usually buy drinks at the nearby coffee shop with a spacious view to have lunch together. Smart and money-saving, isn't it? ☺



Let's eat! *The drinks look like beer but they're tea!

While eating, we talk about various topics such as sharing about work, news from our private life or inviting each other to hang out at interesting events on weekends. Looks like girls only?



Feelings refreshed with the nice breeze on the coffee-shop's lovely terrace

📌 Intro to Vietnamese lunch box with recipe



Trang-san's lunch box. It looks like a Yakiniiku-don from Japan

Tấm rice with cutlet porks or Saigon-style broken rice is a common Vietnamese food. Its origin is from the South of Vietnam. Due to it being easy-to-make and convenient, this dish is popular for office lunch meal in the South and the whole country.

Even if time passes, the taste doesn't change that much. The dish includes cooked broken grains, cutlet porks, thinly shredded pork skin mixed with rice flour, salads, and soup broth with garlic chives. To save time, I often prepare the short version that consists of only broken rice, meat and salads. You can easily find this hot-served meal in the food court of the supermarket or even in food stalls on the street.

I usually have it three times per week. Other days, I prepare some stir fried rice instead. Vietnamese food is the combination of things and it's great!

Here is the recipe of Tam rice with cutlet porks

1. Cook broken rice. Remember to choose the grains that are white and have the same size to make the rice taste the best.
2. Mix well cutlet pork with spices such as honey, salt, fish sauce, sesame oil, garlic, and pepper. Then, wait for 10–15 mins.



3. Mix the shredded pork skin with rice flour. You can find the shredded pork skin and rice flour at any markets. If you can not buy shredded pork skin, you can buy the pork skin and cut it into thin slices and mix well with rice flour.
 4. Grill the well-mixed cutlet pork
 5. Wash carrots, kohlrabi carefully. Then, mix them well with salad dressing that combines sugar, vinegar, and fish sauce
- Serve and Enjoy !



📍 12:00 PM Back to work

Having a video meeting with people in Japan.



Today, I have a videoconference with coworkers in Japan. I have a meeting with them 4 times per month.

📍 16:00 PM Work over. Going somewhere with coworkers before going home.





Today went great

Work is over. It is time for hanging out with friends. There is a coffee store that is famous for its distinctive Vietnamese old style and, luckily, it is quite near my office. So, I often visit it.

Today I'll stop by that place with some co-workers who finished the same time as me, drink some Vietnamese coffee and have delicious snacks together before going home. Good work!

We usually order green bean cakes, which is a famous Vietnamese food, roasted peanuts and beef jerky. These are the best choices for us when we want to have small talk as well as eat together for a long time.



Charging for tomorrow!



How did you feel about a regular day of a woman at one of our Vietnamese locations?

Did you want to see more?

We will share more interesting information for the next article. Look forward to it!

こちらもおすすめ



スポット 石川

アンテナショップ探検隊・4 石川編

工芸に、食文化に、伝統が息づく美味・美品の数々。加賀の栄華も能登の幸も、銀座にしながら味わえる。

食・グルメ 東京

範囲せまっ！～半径300mグルメマップ～3 東京都日本橋人形町

～こんなパン屋がある街は幸せだ～ 約100年続くパン屋さん「サンドウィッチパーラーまつむら」



アンテナショップ探検隊・3 北海道編

夕張メロンのソフトクリームはなんと年商1億円！観光地の王道・北海道はアンテナショップも別格！？

ジモタツ

ジモタツとは、（株）ベルシステム24ホールディングスが発信する、「ジモトを愛しジモトで生きる人」を「ジモトを極めた達人」たちが応援する、ジモト情報発信メディアです。ジモト密着の美味しい情報、面白い情報、便利な情報などなど、I♡ジモトなあなたにきっと役立つ情報満載です！毎週火・金更新（祝日の場合は翌日）。

ジモトでさがす

全国 北海道 首都圏 東京 石川 兵庫 島根 香川 九州 沖縄

カテゴリー一覧

スポット 食・グルメ ジモトあそび イベント なかのひと ママ ランキング ベルシステム24 ジモトの達人 子育て
ワークスタイル

当サイトについて 運営会社について お問い合わせ サイトマップ 個人情報保護方針 スタバ